

Vocational Rehabilitation : Essential Skills CPD Events 2009 - 2010



Centre for Enabling Environments and Assistive Technologies (CEEAT)



York St John University is pleased to offer a range of vocational rehabilitation CPD activity from a team of international and UK experts. The courses subscribe to the principles of professional practice and minimum standards recommended by the Vocational Rehabilitation Association, UK. Attendees will have the opportunity for critical debate, knowledge exchange and “hands on” learning, developing expertise and confidence in vocational rehabilitation practice.

Which days should I attend?

Each of the workshops and study days is designed so that it can be taken on its own or as part of a series. The courses are listed below and further details are contained in the pdf document attached to this email.

Please note there are only 20 places per course, so **BOOK EARLY** to avoid disappointment.

VR1: Vocational Rehabilitation Assessment- “Tools and Techniques” 19 -21 May 2009	VR7: Vocational Rehabilitation for NHS Practitioners- “Setting Up a Service” 15-16 September 2009
VR2: Intervention Strategies: Job Retention, Physical Health 23 June 2009	VR8: MODAPTS – “Productivity in Health” 23-25 September 2009
VR3: Intervention strategies: Job Retention, Mental Health 24 -25 June 2009	VR9: MODAPTS Refresher and Update 26 September 2009
VR4: Ergonomics in Vocational Rehabilitation-“Work Right” 26 June 2009	VR10: Job Analysis in Vocational Rehabilitation 28-29 January 2010
VR5: Transferable Skills Analysis – “No Job- New Job” 8 September 2009	VR11: Functional Capacity Evaluation - Applications in UK Practice 9-11 February 2010
VR6: Vocational Rehabilitation Counselling “Getting it Right” 9 September 2009	VR12: Vocational Rehabilitation UK- Future Developments 17 March 2010

Is this course suitable for me?

The series of workshops is aimed at equipping both new and experienced practitioners with the “essential skills” for vocational rehabilitation practice. Occupational Health Practitioners, Occupational Therapists, Health and Safety Practitioners, Physiotherapists, Design Engineers, Ergonomists, Employers, Human Resource Practitioners, Case Managers and Solicitors, will find particular workshops suitable.

Working towards a qualification

To accredit the learning, please ask for details of our Professional Practice module.

FOR MORE DETAILS AND TO RESERVE A PLACE ON ANY OF THESE STUDY DAYS PLEASE CONTACT Ged Burns, CPD Administrator, Faculty of Health & Life Sciences, York St John University, Lord Mayor's Walk, York, Y031 7EX T: 01904 876962 E: g.burns@yorks.ac.uk

VR1: Vocational Rehabilitation Assessment- "Tools and Techniques" 19 -21 May 2009

- **Presented by Sue Barnard-Gillmer**
- **Suitable for those interested in a broad introduction to vocational rehabilitation**
- **£250 per delegate**
- **Please bring case examples and your current assessment tools with you**

The purpose of these three days will be to train practitioners in the use of internationally researched assessment tools and the techniques needed to assess people with disabilities impacting on work; conditions include dyslexia, muscular-skeletal, orthopaedics, neurological, learning disabilities, mental health, including anxiety and depression, and cardiac conditions. Report writing and formulating intervention plans will be "key"; case study examples will be used throughout. Delegates will be divided into areas of practice e.g. mental health, physical health...etc.

VR2: Intervention Strategies: Job Retention, Physical Health 23 June 2009

- **Facilitated by Sue Barnard-Gillmer**
- **Suitable for those interested in a broad introduction to vocational rehabilitation**
- **£150 per delegate**

This day will focus on effects of unemployment locally, nationally and internationally; the role of the vocational rehabilitation practitioner in designing intervention strategies, goal setting and monitoring of return to work plans. Liaison with employers, solicitors, insurers and the client will be emphasized; drawing up client responsibilities, rights and expectations of case managers will be covered; case examples will be used throughout and participants will be expected to complete and hand in one planned intervention to course leader following the course.

VR3: Intervention strategies: Job Retention, Mental Health 24 -25 June 2009

- **Presented and facilitated by Dave Costello**
- **£200 per delegate**

The purpose of this workshop is to equip the participants with skills and knowledge in the principles and practice of job retention case management, with a specific focus on mental health issues. These skills are relevant to practitioners working in both Primary and Secondary Care, particularly in Improving Access to Psychological Therapies (IAPT) Programmes, and will also be highly relevant for practitioners keen to develop skills in anticipation of Fit for Work services. Areas covered include key stages in job retention; mental health promotion in the workplace; effective liaison with employers; designing meaningful return to work programmes for people with mental health problems; introduction to mediation and conciliation skills; and relevant DDA knowledge. Case examples are used and participants will be requested to complete their own intervention (with support and supervision) following the training.

VR4: Ergonomics in Vocational Rehabilitation-“Work Right” 26 June 2009

- **Presented by Anne Byrne**
- **A course for : Occupational Therapists, Occupational Health Practitioners and Health and Safety Personnel**
- **£150 per delegate**

This one day course will introduce participants to the principles of health ergonomics and the evidence based risk factors for MSDs. Participants will understand the relationship between work tasks and the capacity of the worker, and be able to identify the main risk factors and prioritise them, develop possible solutions and determine areas of concerns that require further analysis. A problem solving approach to assessment will be introduced, as well as objective assessment tools and resources. It should be noted that this is an introductory course only and therefore the content will reflect an introduction to concepts and will be the basis for a more in-depth course.

VR5: Transferable Skills Analysis – “No Job- New Job” 8 September 2009

- **£150 per delegate**

A practical based session on how to administer, develop and prepare a TSA, which is an independent vocational opinion / report on an individual with a health condition or disability, re-employment potential including the identified suitable vocational options. The TSA is a useful tool in vocational rehabilitation in assisting individuals who, due to their functional restrictions, can no longer undertake their existing job and require guidance on the most suited and safe vocation.

VR6: Vocational Rehabilitation Counselling “Getting it Right” 9 September 2009

- **Presented by Robin Pickard**
- **£150 per delegate**

An overview of vocational rehabilitation counselling and its processes in effectively assisting individuals with a health condition or disability move towards gaining a safe, suited and sustainable return to work. Included in the session, are the identification and analysis of psychosocial barriers of individuals through interviewing/counseling, enabling a solution focused vocational rehabilitation plan. This workshop is essential for dealing with the psychological dynamics of returning to work.

VR7: Vocational Rehabilitation for NHS Practitioners- “Setting Up a Service” 15-16 September 2009

- **Presented by Sue Barnard-Gillmer**
- **£200 per delegate**

This learning event is intended to support the planning for vocational rehabilitation service in the NHS for people with mental and physical health and learning disability services. It will demonstrate the necessary vocational rehabilitation skills as used in case management companies.

VR8: MODAPTS – “Productivity in Health” 23-25 September 2009

- **MODAPTS Presented by Sue Barnard-Gillmer**
- **A course for: Occupational Therapists, Physiotherapists, Ergonomists, Health and Safety Officers, Production and Design Engineers.**
- **£ 550 per delegate**

Modular Arrangement of Pre-Determined Time Standards (MODAPTS) is an international job analysis tool, designed by Chris Heyde, an Australian industrial engineer, that enables the practitioners to estimate time standards for activity completion, particularly in production industries. It is an excellent precision tool for establishing and monitoring productivity in the work place and in rehabilitation, providing objective and scientific information regarding speed of work. Participants will be taught how to use and apply the MODAPTS system in their particular setting- this course is a must for those working in the insurance and occupational health industries and enhances the reliability and effectiveness of job analysis. Participants especially from NHS settings will be taught how to develop test samples in order to form a basis for work evaluation with clients being discharged from the NHS.

VR9: MODAPTS Refresher and Update 26 September 2009

- **£150 for the refresher course**

For those who have already done the MODAPTS course, this is an opportunity to update your skills. The course will be used to launch the UK MODS association under the auspices of the Australian and New Zealand (ANZMA) and international MODAPTS associations. Participants are requested to bring along an activity or an existing time standard that they would like checked and analysed. New MODS practitioners will find this day very useful and will have the opportunity of meeting experienced MODS practitioners.

VR10: Job Analysis in Vocational Rehabilitation 28-29 January 2010

- **Presented by Anne Byrne**
- **A course for: Occupational Therapists, Occupational Health Practitioners, Human Resource Practitioners and Health and Safety practitioners**
- **£200 per delegate**

Participants will learn to identify the main elements of what a job demands analysis entails, and how to carry out the initial assessment and observations, how to determine and measure demands and how to objectively analyse and document the findings in a suitable report format. The course will consider the physical, perceptual and cognitive demands of jobs as well as the environment. Participants will be introduced to different methods of job demands analysis and how to select an appropriate format based on what the assessment will be used for and also how to make referrals for job demands analysis.

VR11: Functional Capacity Evaluation - Applications in UK Practice 9-11 February 2010

- **Presented by Jain Holmes and Anne Byrne and Matheson Associates**
- **Particularly for Occupational Therapists, Physiotherapists and Sports Scientists.**
- **£600 per delegate**

A Functional Capacity Evaluation (FCE) is a systematic method of determining an individual's ability to perform purposeful and meaningful tasks in a safe and dependable manner and involves an in-depth evaluation that combines both objective measures and professional clinical judgment in order to determine an individual's current capacities. This course will draw on the international experience of the course developers and presenters, and provide a functional capacity evaluation course that is suited to the UK vocational rehabilitation market.

VR12: Vocational Rehabilitation UK- Future Developments 17 March 2010

- **Facilitated by Sue Barnard-Gillmer with guest lecturers to be confirmed**
- **£150 per delegate**

Delegates are invited to bring any "burning issues" for debate Some topics that will be debated include:

- Analysis of work processes using clinical ergonomics and MODAPTS productivity studies
- Research outcomes in vocational rehabilitation
- Challenging cases
- Current research in vocational rehabilitation